



Who can I turn to?

- ✓ Professors for all things related to your courses and more by email and in onQ.
- ✓ Departmental administrators for all things related to your program by email.
- ✓ Peers in your courses, onQ, and in the AMS Peer Support Centre (amspeersupport.com)
- ✓ Academic Advisors for all things related to your program options and academics, such as regulations, policies and procedures (asc.academic@queensu.ca)
- ✓ The ITS Support Centre staff for OnQ support (queensu.ca/its at 613-533-6666).
- ✓ Student Wellness Services staff for your health, wellness, and accessibility needs (queensu.ca/studentwellness)
- ✓ Student Affairs staff for academic, emotional, social, cultural, spiritual, physical and/or career-related support (queensu.ca/studentaffairs)

If you do not know who to turn to, please **check in with us** at asc.academic@queensu.ca or 613-533-2470.